

Breakthrough Coaching

Leadership Coaching and Development

What is impossible to do that, if possible, would change everything? Are you stuck or stopped in achieving something that matters to you? Do you have a partner to support you in this achievement?

Breakthrough Coaching is about building capacity for doing things in a new way. It is an opportunity for you to create lasting change by combining “inner” shifts in your values, aspirations and behaviors with “outer” shifts in your processes and practices.

Results to expect:

- Learn what real coaching consists of and how to empower others
- Identify your strengths, weaknesses and opportunities in your work relationships
- Develop flexibility in actions, thoughts and feelings to better handle any situation
- Take ground toward the “impossible”
- Master the keys to excellent communication
- Confront difficult situations with confidence

Components of Breakthrough Coaching

- One full day of one-on-one coaching with a professional coach
- Eight one-hour sessions to anchor the practical application of tools
- 360-degree feedback gained through a confidential online survey
- A series of tools designed to illuminate blind spots and core strengths
- A specific and measurable plan for development
- Additional tools based on your specific development needs



For more information:

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